

L'ARCHE ANTIGONISH SOCIAL

NEWSLETTER - FALL 2024

Community Vacation Highlights

Travelers on the road to PEI

~ By Mervan, Elizabeth, Reyseil, and Mark

We started our vacation with a wonderful team of four people, consisting of two assistants and two core members. We toured the city of Moncton, went to Magnetic Hill Winery and had a traditional lobster roll at Shediac. After staying in New Brunswick for two days, we went to Prince Edward Island. On our PEI trip, we visited Charlottetown, Brackley Beach, Cavendish Beach, Confederation Bridge, Government House and Anne of Green Gables Museum. Wood-fired pizza and Cows ice cream were our favourites. We bought some great T-shirts as a PEI souvenir. On the way back, we stopped by Amherst and after a 4-hour drive, we arrived in Antigonish. It was a great experience for all of us and we were very happy.

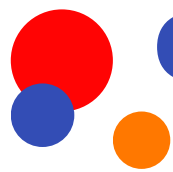


Our PEI & New Brunswick Adventure

~ By Ana, Michael, Eileen, Anna, and Kelly

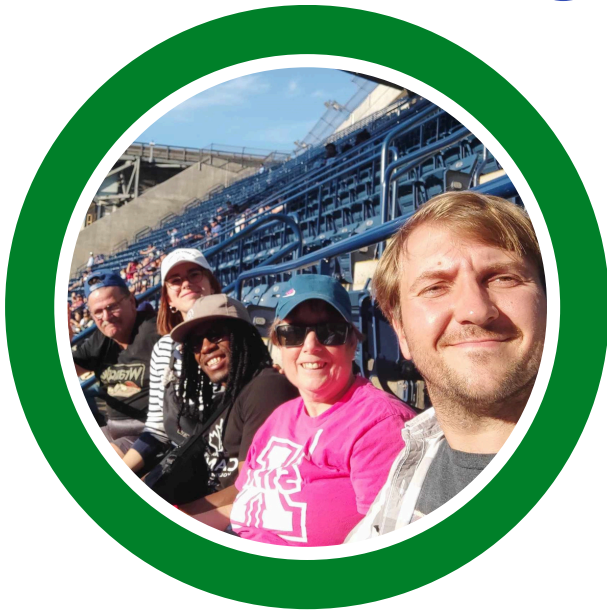
Our vacation to Prince Edward Island and New Brunswick was a wonderful adventure for our group. We spent our days enjoying the beauty of the region, from watching stunning sunsets on the beach to exploring art galleries and attending local festivals. A highlight was our visit to the art gallery, where everyone shared lots of laughs and excitement. It was a memorable trip filled with fun, connection, and new experiences for all.





Community Vacation

Highlights Continued



An exciting journey to Ontario!

~Dmytro, Christian, Angus, Wiebke and Nicole

During our vacation group trip, we spent a few days in Ottawa, where we explored Parliament Hill and enjoyed scenic walks around the town. When we went to Toronto, we visited the Ripley's Aquarium, exploring some diverse marine life, and went to an exciting Blue Jays baseball game. The combination of these experiences made the vacation fun and memorable.

My Vacation with L'Arche

~ Elizabeth Abler

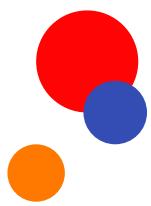
My vacation to Hopewell New Brunswick was wonderful. I was on vacation with Natalie Camron, Karen Stewart, and Mathew Wright. The highlight was when we went to the blueberry farm and went on a 10-minute Train ride then there was homemade ice cream I had a flavour called "Cookie Monster". It was blue Ice cream in a Waffle cone with different cookie pieces in it. I also liked watching the movie "Despicable Me 4".



On the road to Fredericton

~Tim, Karen, and Rudy

Tim had a great vacation trip up to Fredericton this summer. He was happy to have a lovely dinner with his sister and his niece and nephew. Tim hadn't been to that part of New Brunswick in a long time. We checked out some of the sights along the way.



Tommy Travels the World

~ By Beth Wolters, Community Leader

Summertime is something so many of us look forward to – vacations, time with friends and family, time at the beach and so much more. This summer though, was tinged with sadness as Tommy Landry passed away just as summer was beginning.

Tommy was a big presence in our L'Arche community for over two decades. Tommy didn't miss a thing and would let you know if you missed something. He knew how to pay attention and when with him, he could make you feel like you were the only person in the world.

He was proud of his family and friends, his accomplishments, his art and his strength. His strong will and perseverance served him well as life threw him many challenges. One thing Tommy always loved was a good time and summer had lots of those. Summer vacations and parties were always on his list of things to do, and his absence was felt during our summer fun.

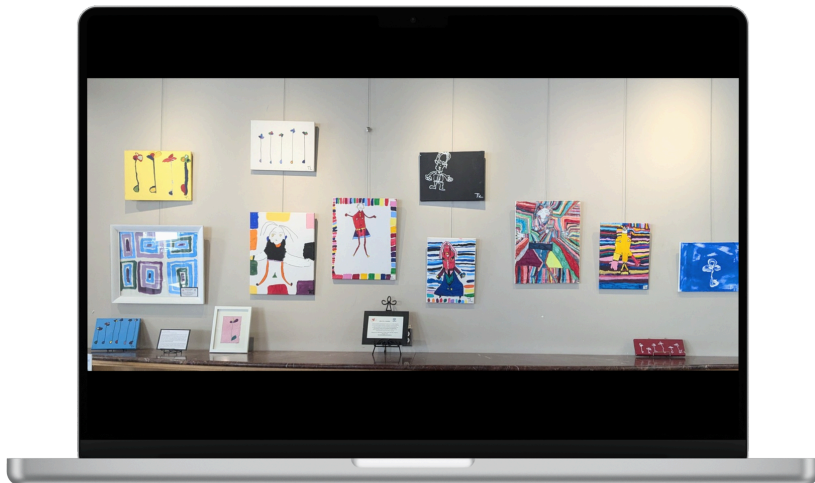


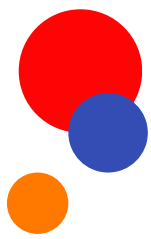
Tommy never travelled far as his mobility made that difficult and painful but never one to be left behind, Tommy always found a way. Through social media, friends came back to visit and as we travelled on vacation this summer, we heard more and more about how Tommy had travelled the world!

From around the globe, we heard stories from people who were changed because of their time with Tommy. We heard how people tell these transformational stories of meeting Tommy and their time with him, to those in their lives today.

His art hangs on walls and his flowers on t-shirts are worn by many, in many countries. We heard how seeing his art brings a smile to faces near and far.

For a man who didn't travel far, his presence and spirit journey across the globe! He changed the world for so many and made it a better and more human place!





Summer Camp Adventures 2024

~ By Julia MacDonald, Camp Leader

L'Arche Summer Camp 2024 was a remarkable journey filled with fun and growth for children with disabilities. This year's camp embraced a range of activities designed to inspire joy and learning in a truly inclusive environment. A memorable highlight was the trip to Pomquet Beach, where campers enjoyed the sand and gentle waves, creating joyful memories. At Snow Queen Leisure World, the excitement continued with mini-golf and go-karts, offering a perfect blend of fun and friendly competition. The adventure didn't stop there; the visit to Shubenacadie Wildlife Park captivated the campers as they observed and learned about various animals, making for an enjoyable experience.



The camp's daily schedule was carefully crafted to balance high-energy activities with moments of relaxation. Campers enjoyed refreshing days at the park, where the thrills of splash pad were a big hit. Dance sessions provided a vibrant way for children to express themselves and connect with others, while walks around campus offered a peaceful escape and a chance to enjoy the outdoors. Afternoon movies and the relaxed performance rounded out the days, offering a relaxing way to unwind and bond with friends.

Overall, L'Arche Summer Camp 2024 successfully created a supportive and joyful space for children to build friendships, explore new interests, and celebrate their individual strengths. The camp was not only a time of fun and learning but also a period of meaningful connections and growth. The positive impact of this summer will be remembered and cherished by all who participated.





MEET OUR ARTIST



Carol Anne Boyle

I like flowers.
I like working together.
I love my family.
I love my friends.
I love singing.
I love my home.
Good to be here.



Community Gallery!



A Year in L'Arche: My Time in Antigonish

~ By Wiebke Goldschmidt



Wow! That's what I want to say when I think about my year with L'Arche Antigonish. Wow doesn't only refer to the journey you take alongside the Core members but also to that one core member in particular, who liked to say "wow" to me. My favourite "wow!" was always the first of the day, usually at 7 am, when I came upstairs to start the day. Luckily, it wasn't the only highlight of my days in Antigonish. Between the morning greetings and the midnight kitchen dances, I had days filled with laughter, jokes, jump scares, deep talks and sharing. And I understood the aspect of sharing life, quite literally. I shared many stories, hobbies, interests, thoughts, moments of laughter and sorrow, and plans and at the same time received a community and friends who felt like family and gave me a home far away from where my first one was, and for that, I want to say wow!

When I think about my last year, I remember all these funny stories, but also some "Scheiße-Moments" (it's German), which means thankfulness for the space of growth which allowed me to stand more tightly in my shoes. Right after my high school graduation, I wanted to explore the world by myself and at the same time give something to the community. I knew for quite a long time what I wanted to do as a volunteer, so I just had to think about where. And I'm very thankful that the place happened to be Antigonish.

I always hoped to find that sort of meaningful connection and a strong sense of community with an openness for everything which brings good to the world, so I'm happy to have found such a place. From the start with Heather MacG saying: "Hello, buddy!" to everybody, she was excited to see, continuing with Tommy and I singing everywhere we would meet, to Christian teaching me ASL for the whole year and repeating signs as often as I asked and Elizabeth B's tickle attacks at Cornerstone together with Miria. In every place in our community, I had something or somebody I was excited for and for that, I'll always be grateful.

But for me more important is to give Jubilee House a special thanks for being my home and Dixie House for welcoming me so nicely!



DONATION WISHLIST

Cornerstone:

- Lazy Susan
- Cake Decorating supplies

The Studio:

- Canvases of all shapes and sizes
- Ironing board
- Cricut maker

Covenant House:

- 2-3 house plants easy to take care of
- Paper Shredder

Hope House:

- Knife Block
- Wooden Cutting Board
- Bluetooth Speaker
- Lid Organizer

Dixie House:

- 2-3 House Plants
- Paper Shredder

Jubilee House:

- Fans
- Pots and Pans

Emmaus House:

- Pots and Pans
- Hand Mixer
- Rice Cooker

DID YOU KNOW?

Did you know that you can donate directly on our website and be issued an immediate tax receipt to your e-mail?

Donating online is easy, and you can set up recurring monthly donations! This type of dependable income can help tremendously towards our sustainability and growth!



Community Highlights!



Please also visit our website at www.larcheantigonish.ca



L'Arche Antigonish



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